



Multnomah Athletic Club

2018 MAC Open FAQ sheet:

Admissions:

- Located between Main and West gyms and the entrance to the Gymnastics Arena
- \$10 per person/day
- \$5 for Seniors (65+) and children (6 and under)/day
- \$25 per family (parents, immediate siblings and grandparents)/day
- Cash or checks only
- No weekend passes
- **No charge for MAC members with ID**
- Color coordinated wrist bands will be given out each day (Friday, Saturday and Sunday)

Parking

\$10/day - Portland Towers, U-Park, OR take Max in and get off at King Hill/Salmon; Lyft vouchers also avail.

Hot Sheets (Score sheets)

- Available about 30 minutes before start of each session at the Admissions table

Session schedule

- Information in program and at www.themacopen.com beginning Dec 1st.

Photographer

- Shane McKenzie, taking pictures of every floor competitor in all three gyms. Station located just inside door of West Gym. No sign ups required.

Rock Wall

- Open to all participants and siblings/guests.
- Waivers must be filled out with the Rock Wall personnel
- \$10 all day (payable to Rock Wall personnel in the climbing gym). MAC members can charge their account but non-members must pay cash or check (no credit cards)

Restrooms:

- Between Main gym and Climbing gym, and 2nd floor above Pub, near elevators, and next to concessions in West Gym.
- Near Child Care for Gymnastics Arena.
- Near T-shirt vendor on first floor of main clubhouse.

Concessions

- Located in West gym, outside Gymnastics Arena, and on running track.
- Open Friday: 7:30 a.m. – 8 p.m. Saturday: 7:15 a.m. – 9 p.m. Sunday 7:15 a.m. – 7 p.m.

Restaurants

- Sports Pub open to guests. Credit cards and cash accepted (1st floor).
- Joe's Café open to guests. Credit cards and cash accepted (east end of Basement level).

T-shirt and Leotard Vendors

- Located in lobby near athletic entrance 1st floor of main clubhouse.

Coaches & Judges Hospitality Room

- Located in rooms TBD all weekend for breakfast, lunch and dinner.

No parents or gymnasts allowed

Meet Coordinator cell phone
Leanna Hess 360-608-2923

Meet Director cell Phone
Molly Gill 503-805-6398